

Aim 2, Cohort 1:

- December, 2016: data entry complete (Dustin Long, John Bassler)
- March: Research briefs for Cohort 1 schools under development (Traci Jarrett)

Aim 2, Cohort 2:

- January: Baseline data entry begun (Dustin Long, John Bassler)
- January 6-9: Principal e-mail updates sent (Sue Childers, Sherry Ellem)
- January 12: Mid-year surveys mailed to participating families and 5th grade teachers with due date of Feb 1 (Sue Workman)
- January 17-18: Mid-year Fitbit distribution and, in Family Intervention, planned sync for data collection (Sue Childers, AmeriCorps members)
- January 24-25: Mid-year Fitbit collection, dissemination of school personnel incentive giftcards (Sue Childers, AmeriCorps members, Melissa Kuhn, Sue Workman)
- February 13: Mid-year surveys re-sent to Family Intervention families who had not yet responded (Sue Workman)
- February – March: Mid-year Fitbit inventory and data download (Sue Workman)
- March 3: 6 abstracts submitted to APHA (Sue Workman (2), Lesley Cottrell, Adam Keith, Zac Ramsey, Karen Northrup)
- March: Review/editing of post survey/process questions files for submission to IRB, post data distribution collection plans reviewed and refined (Admin team)
- March: Mid-year data entry prep (Dustin Long, John Bassler)

Aim 2, Cohort 3

- February 2: Planning meeting for Cohort 3 recruitment (Nancy O’Hara Tompkins, Sue Childers, Mary Weikle, Karen Northrup)
- March 17: Cohort 3 recruitment begun (Nancy O’Hara Tompkins, Lesley Cottrell, Sue Childers, Karen Northrup)

Research to Policy (R2P) Advisory Council

The group has access to a link of R2P presentations and Digests on One Drive for their reference. An individual with expertise in family interventions accepted the invitation to become a member of this council in December. Welcome, Jennifer Anderson!

Action Steps:

- January 20: Year 3 Quarter 1 *Activate!* Digest and Infographic e-mailed to Council (Liesl Kammer)
- February 20: Planning meeting for R2P spring meeting (Traci Jarrett, Sue Workman, Karen Northrup). Determined to continue with Digest communication this spring and delay our annual face-to-face meeting until fall, when Aim 1 analyses will be available for review

Intervention

Year 3, Quarter 1: Aim 2 Cohort 2 school and family interventions ongoing.

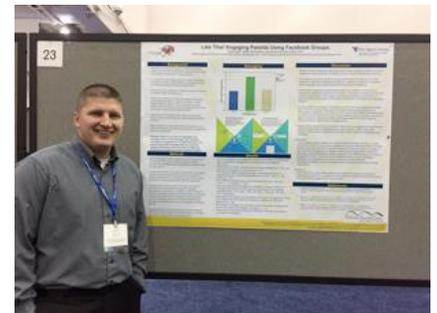
Action Steps:

- January: Monthly e-mail to school intervention school staff continue (Mary Weikle)
- Social media/monthly mailings, contact with family intervention participants, and Physical Activity Equipment deliveries continue (Liesl Kammer, Adam Keith, Sherry Ellem, Carrie Brainard, AmeriCorps members)
- Family Fun Nights: Feb 8 at Ripley, Feb 15 at Ellenboro, Feb 16 at Kanawha, Feb 21 at Greenmont, March 2 at Smithville (Feb 9 was a weather cancellation) (Sherry Ellem, AmeriCorps members, Adam Keith, Sue Workman)
- March: Arpil FFNs being scheduled (Sherry Ellem, Carrie Brainard, AmeriCorps members)

Meetings/Presentations/Reports/Publications

Presentations

- March 16: CPB meeting
 - CPB Attendees broke into 4 workgroups led by CPB members (with *Activate!* team support for historical and clarification purposes) to brainstorm the following issues:
 - Retainment after recruitment – led by Jill Noland (with Sue Workman)
 - 3 Ps – policy, policy, policy – led by Drema Mace (with Nancy O’Hara Tompkins)
 - Dissemination of information to schools (and also statewide, best practice and audiences) – led by Paul Gilmer (with Karen Northrup)
 - Research in rural Appalachia (challenges, what have we learned, how can we go forward with what we know, disseminate to others) – led by Chuck Conner (with Lesley Cottrell)
- March 14: 2017 SHAPE America National Convention (Boston) *Like this! Engaging parents using Facebook Groups* poster (Adam Keith, Liesl Kammer, Sherry Ellem, Lesley Cottrell)



Reports

- January 20: R2P Digest and infographic e-mailed to WVPRC CBP and the *Activate!* Listserve (Liesl Kammer)

Upcoming events/reports/publications

- May 1-10: Distribution/collection of Fitbits and surveys, collection Fitnessgram results, distribution of gift cards to participants/schools, distribution of grad credit packets (for School Intervention school personnel who opted for this choice)
- May 16 – 26: Cohort 2 wrap-up and follow up with Fitbit inventory and data download

Activate! is a product of the West Virginia Prevention Research Center and was supported by Cooperative Agreement Number 1-U48-DP-005004 from the Centers for Disease Control and Prevention. The findings and conclusions in this digest are those of the author (s) and do not necessarily represent the official position of the Centers for Disease Control and Prevention.